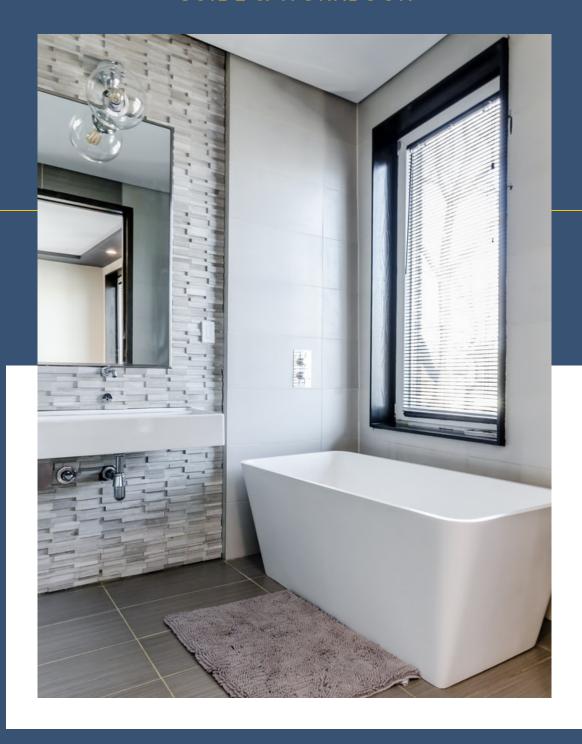
# NEW YEAR'S RESOLUTIONS 2022 HOME IMPROVEMENTS

**GUIDE & WORKBOOK** 





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# ACCOMPLISH SMALL TASKS

Prioritize smaller, simpler tasks before tackling larger projects. Here are some easy tasks you can take care of around the house:



### **KITCHEN**

- Unclog kitchen disposal
- Clean out refrigerator coils
- Update cabinet and drawer hardware
- Organize pantry
- Wipe down cabinets and appliances

### **BATHROOMS**

- Regrout/recalk tub, showers, and other fixtures
- Clear drains

### **BEDROOMS**

- Shampoo/clean carpet
- Paint or update outlet and switch plate covers
- Vacuum and wash baseboards

### **GENERAL TASKS**

- Restore power to dead outlets
- Clean out exhaust fans to prevent mold
- Replace or install weatherstripping
- Apply WD-40 to squeaky hinges
- Get HVAC professionally serviced

# ACCOMPLISH SMALL TASKS

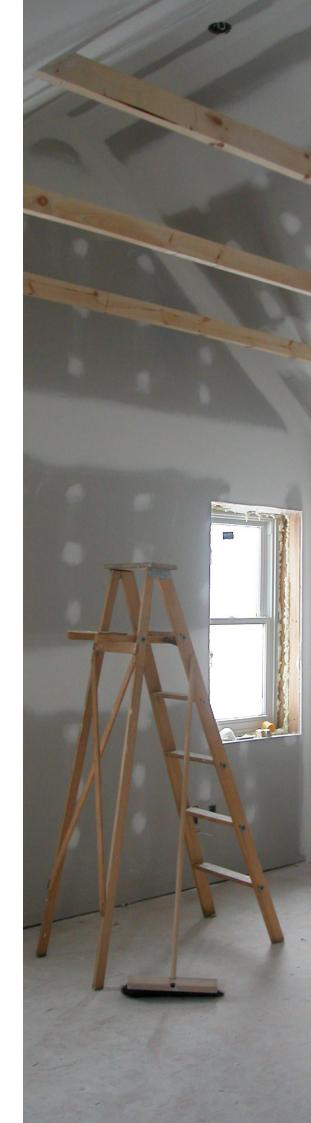


### HOUSE EXTERIOR

- Double check downspout
- Flush out your water heater
- Check and clean gutters
- Maintain your roof
- Wash your siding
- Touch up exterior paint
- Fill in driveway cracks
- Clean off outdoor air conditioning unit
- Check for signs of critters
- Trim trees
- Weed or maintain flower beds
- Wash deck or porch

# HOW TO STAY MOTIVATED

- Write down all your tasks or projects
- Break tasks down into smaller pieces
- Avoid procrastinating big or less enjoyable tasks
- Reward yourself when a task is complete
- Start with the small tasks
- Allocate time to accomplish a task and set a timer
- Display a picture of the intended outcome of your task for continued inspiration
- Don't try to do everything perfectly
- Visualize how you'll feel when your tasks are complete
- Hire a contractor



# HOME IMPROVEMENT PLAN

Tasks/projects I'd like to complete:

1.	
2.	
3.	
4.	
5.	
6.	
7.	
8.	
9.	
10.	

How I'm going to accomplish these tasks/stay motivated:

# **BUDGET**

Expenses	Expected	Actual	Difference



